## West Seattle - Three Tree Point 33 Miles

| Mile |  |  | Instruction | For |
| :---: | :---: | :---: | :---: | :---: |
| 1 | 0.0 |  | D epart west on Alki Avenue SW from the Alki Bakery. | 0.5 mi |
| 2 | 0.5 | BL | Beach Drive SW. | 2.8 mi |
| 3 | 3.3 | BL | Uphill to Lincoln Park Way SW. | 0.2 mi |
|  | 3.5 | BR | 47th Avenue SW. | 0.2 mi |
| 4 | 3.7 | BR | Fauntleroy Way SW. | 1.0 mi |
| 5 | 4.7 | BL | SW Wildwood Place. | 0.2 mi |
| 6 | 4.8 | R | 45th Avenue SW. | 0.2 mi |
|  | 5.1 |  | Continue on Marine View Drive SW. | 1.3 mi |
|  | 6.4 | L | SW 112th Street. | 0.2 mi |
| 7 | 6.6 | L | 35th Avenue SW | 0.4 mi |
| 8 | 7.0 | R | SW 106th Street | 0.2 mi |
| 9 | 7.2 | R | (Very difficult climb back up on Seola Beach Drive - not recommended for all.) |  |
|  | 8.9 | R | Continue again on SW 106th Street. | 0.2 mi |
| 10 | 9.1 | R | 26th Avenue SW. | 1.0 mi |
| 11 | 10.1 | BR | SW 122nd Street, then immediate left to Shorewood Drive. |  |
|  |  |  | Loops around Hills, Hills and Hills. | 1.1 mi |
| 12 | 11.2 | L | SW 131st St, left to 16th Ave, then right to SW 130th St. | 0.3 mi |
|  | 11.5 | R | 12th Avenue SW. | 0.3 mi |
| 13 | 11.8 | L | SW 134th Street. | 0.4 mi |
| 14 | 12.1 | R | 6th Avenue SW. | 0.6 mi |
| 15 | 12.7 | R | SW 143rd Street. | 0.3 mi |
| 16 | 13.0 | L | Ambaum Blvd SW. <br> (Nice early refreshment stop is The Daily Perk, 205 SW 152nd, Burien - | 1.0 mi Bakery. |
| 17 | 14.0 | R | 4th Avenue SW. | 0.2 mi |
|  | 14.2 |  | Continue on Sylvester Road SW. | 1.4 mi |
| 18 | 15.6 |  | Sylvester continues as SW 172nd Street as road bends right. | 1.0 mi |
| 19 | 16.6 |  | Continue uphill on Maplewild Avenue SW (SW 156th Street). Three Tree Point Store is at 16.8 miles. | 1.7 mi |
| 20 | 18.3 | BR | 152nd Street.. Cross Ambaum Blvd, regroup and rest at |  |
|  |  |  | Danish Bakery on your right, Australian Pie Company. | 1.9 mi |
|  | 20.2 | BL | Des Moines Memorial Drive. | 4.3 mi |
| 22 | 24.4 | BL | Cross over H wy 99 and continue on 14th Avenue S. | 0.4 mi |
| 23 | 24.8 | L | Dallas Ave S (just past Cloverdale \& before 14th Street Bridge). | 0.3 mi |
|  | 25.2 | BR | Continue on 10th Avenue S. | 0.1 mi |
| 24 | 25.3 | BL | Continue on S Kenyon Street. | 0.4 mi |
| 25 | 25.7 | R | 5th Avenue S, then left on S H olden Street. | 0.3 mi |
| 26 | 26.0 | R | W Marginal Way S (Highland Park Way SW). | 3.1 mi |
| 27 | 29.1 | BL | Chelan Avenue SW (SW Spokane Street). (ride on bike trail) | 0.6 mi |
| 28 | 29.7 | R | H arbor Avenue SW. | 1.8 mi |
| 29 | 31.5 | BL | Continue on Alki Avenue SW. | 1.7 mi |
| 30 | 33.1 |  | Arrive back at Alki Bakery. |  |



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