West Seattle - Three Tree Point 33 Miles

	Mile		Instruction	For
1	0.0		Depart west on Alki Avenue SW from the Alki Bakery .	0.5 mi
2	0.5	\mathbf{BL}	Beach Drive SW.	2.8 mi
3	3.3	\mathbf{BL}	Uphill to Lincoln Park Way SW .	0.2 mi
	3.5	\mathbf{BR}	47th Avenue SW.	0.2 mi
4	3.7	BR	Fauntleroy Way SW.	1.0 mi
5	4.7	\mathbf{BL}	SW Wildwood Place.	0.2 mi
6	4.8	R	45th Avenue SW.	0.2 mi
	5.1		Continue on Marine View Drive SW.	1.3 mi
	6.4	L	SW 112th Street.	0.2 mi
7	6.6	L	35th Avenue SW	0.4 mi
8	7.0	R	SW 106th Street	0.2 mi
9	7.2	R	Go down to Seola Beach on Seola Beach Drive and return.	1.7 mi
			(Very difficult climb back up on Seola Beach Drive - not recommended for all	
	8.9	R	Continue again on SW 106th Street .	0.2 mi
10	9.1	R	26th Avenue SW.	1.0 mi
11	10.1	BR	SW 122nd Street , then immediate left to Shorewood Drive .	
			Loops around Hills, Hills and Hills.	1.1 mi
12	11.2	L	SW 131st St, left to 16th Ave, then right to SW 130th St.	0.3 mi
	11.5	R	12th Avenue SW.	0.3 mi
13	11.8	L	SW 134th Street.	0.4 mi
14	12.1	R	6th Avenue SW.	0.6 mi
15	12.7	R	SW 143rd Street.	0.3 mi
16	13.0	L	Ambaum Blvd SW.	1.0 mi
		_	(Nice early refreshment stop is The Daily Perk , 205 SW 152nd, Burien -	•
17	14.0	R	4th Avenue SW.	0.2 mi
	14.2		Continue on Sylvester Road SW .	1.4 mi
18	15.6		Sylvester continues as SW 172nd Street as road bends right.	1.0 mi
19	16.6		Continue uphill on Maplewild Avenue SW (SW 156th Street).	
			Three Tree Point Store is at 16.8 miles.	1.7 mi
20	18.3	BR	152nd Street Cross Ambaum Blvd , regroup and rest at	
			Danish Bakery on your right, Australian Pie Company .	1.9 mi
21	20.2	BL	Des Moines Memorial Drive.	4.3 mi
22	24.4	BL	Cross over Hwy 99 and continue on 14th Avenue S .	0.4 mi
23	24.8	L	Dallas Ave S (just past Cloverdale & before 14th Street Bridge).	0.3 mi
	25.2	BR	Continue on 10th Avenue S .	0.1 mi
24	25.3	BL	Continue on S Kenyon Street .	0.4 mi
25	25.7	R	5th Avenue S, then left on S Holden Street.	0.3 mi
26	26.0	R	W Marginal Way S (Highland Park Way SW).	3.1 mi
27	29.1	BL	Chelan Avenue SW (SW Spokane Street). (ride on bike trail)	0.6 mi
28	29.7	R	Harbor Avenue SW.	1.8 mi
29	31.5	BL	Continue on Alki Avenue SW.	1.7 mi
30	33.1		Arrive back at Alki Bakery .	



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