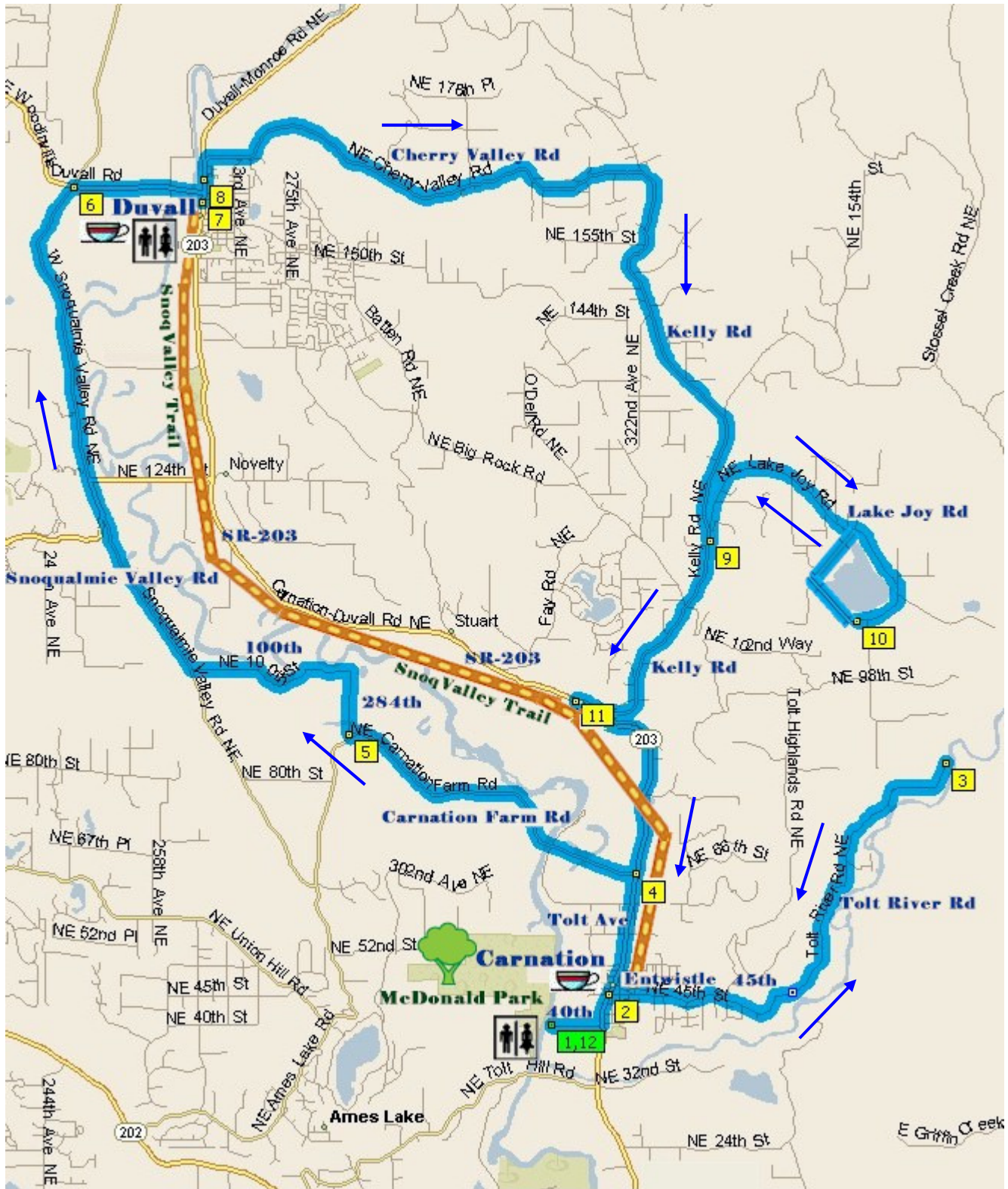


Carnation - Duvall 40 Miles

Mile	Instruction	For
1 0.0	Depart <i>McDonald Memorial Park</i> on NE 40th Street.	0.4 mi
0.4 L	Tolt Ave (SR-203).	0.3 mi
2 0.7 R	E Entwistle Street.	0.3 mi
1.0	Continues as NE 45th Street/Tolt River Road.	3.9 mi
3 4.9 U	Return west on Tolt River Road/NE 45th Street.	3.9 mi
8.8	Continues as E Entwistle Street.	0.3 mi
9.1 R	Tolt Avenue (SR-203).	1.0 mi
4 10.1 L	NE Carnation Farm Road.	2.9 mi
5 13.0 R	284th Ave NE/NE 100th Street.	1.9 mi
14.9 BR	W Snoqualmie Valley Road NE.	4.3 mi
6 19.2 BR	NE Woodinville Duvall Road.	1.1 mi
20.3 R	Main Street NE (SR-203) in <i>Duvall</i> .	0.2 mi
7 20.5 U	Main Street NE (SR-203) - Mid way - Rest Stop.	0.2 mi
8 20.7 BR	NE Cherry Valley Road/Kelly Road NE.	7.8 mi
9 28.5 L	NE Lake Joy Road.	1.7 mi
10 30.2 BL	Road name changes to E/W Lake Joy Drive NE and loops lake.	2.4 mi
32.6 BL	Return to NE Lake Joy Road.	1.8 mi
34.4 BL	Kelly Road NE.	1.6 mi
36.0	Road name changes to NE Stillwater Hill Road.	0.4 mi
11 36.4 L	Carnation-Duvall Road NE (SR-203).	3.2 mi
39.6 R	NE 40th Street.	0.4 mi
12 40.0	Return to <i>McDonald Memorial Park</i> .	



Carnation - Duvall 40 Miles