

# Cedar River Ride - 34 Miles

Cedar River Park to Seattle Water Park at Landsburg

Mile	Instruction	For
1 0.0	Leave <b>Cedar River Park</b> on the <b>Cedar River Trail</b> going east.	7.9 mi
2 7.9 L	Leave trail at <b>Cedar Grove Road SE</b> .	0.6 mi
3 8.5 R	<b>SE Lake Francis Road</b> .	2.2 mi
10.7	Stay to left and continue as <b>SE 196th Street</b> .	0.5 mi
4 11.2 R	<b>244th Avenue SE</b> .	0.7 mi
11.9	Cross <b>Hwy 18</b> and continue on <b>244th Ave SE</b> .	1.0 mi
5 12.9 L	<b>SE 224th Street</b> .	2.0 mi
6 14.9 R	<b>276th Avenue SE</b> .	1.1 mi
16.0	Continues as <b>Landsburg Road SE</b> .	0.8 mi
16.8 L	Into <b>Seattle Water Park</b> . *** <b>Midway Rest Stop</b> ***	
	L <b>Landsburg Road SE</b> (first turn to right after crossing river).	0.1 mi
7 16.9 R	<b>SE 253rd Street</b> .	0.5 mi
17.4	<b>Continue on SE Summit-Landsburg Road</b> .	0.4 mi
8 17.8 R	<b>SE 252nd Street</b> .	0.2 mi
18.0 R	<b>SE 248th Street</b> .	0.8 mi
18.8	Cross over <b>Maple Valley Trail</b> , continue on <b>SE 248th Street</b> .	0.7 mi
19.5 R	<b>Cedar River Pipeline Road</b> .	0.1 mi
19.6 L	<b>SE 244th Street</b> .	0.4 mi
10 20.0 R	<b>Maple Valley Black Diamond Road SE (SR-169)</b> .	1.1 mi
	<b>Heavy traffic on SR-169 - ride single file.</b>	
20.8	Intersection with <b>Witte Road</b> - <b>Good place for lunch</b> . (Subway, Taco del Mar, QFC,... .)	
11 21.1 L	<b>SE 231st Street</b> (becomes <b>232nd Street</b> ). (If you go to right, there exists entrance back to trail.)	0.2 mi
21.3 R	<b>SE Petrovitsky Road</b> to <b>Sweeney Road SE</b> .	0.3 mi
12 21.6 L	<b>Sweeney Road SE</b> .	1.3 mi
22.9	Continues as <b>SE 216th Street</b> .	0.2 mi
23.1	Switches back to being <b>Sweeney Road SE</b> .	0.6 mi
13 23.7	Continues straight as <b>196th Avenue SE</b> (don't turn right or left). (Steep uphill for 1.5 miles and steep downhill to <b>SR-169</b> .)	3.1 mi
14 26.8	Cross over <b>Renton Maple Valley Hwy (SR-169)</b> and <b>Cedar River</b> .	0.1 mi
26.9	Road continues as <b>SE Jones Road</b> .	3.7 mi
15 30.6 L	<b>149th Avenue</b> .	0.3 mi
30.9 R	Onto <b>Cedar River Trail</b> (start trail at <b>Ron Regis Park</b> ).	2.8 mi
33.7 R	Cross bicycle/pedestrian bridge to <b>Cedar River Park</b> .	0.2 mi
16 33.9	Return to <b>Cedar River Park</b> .	

