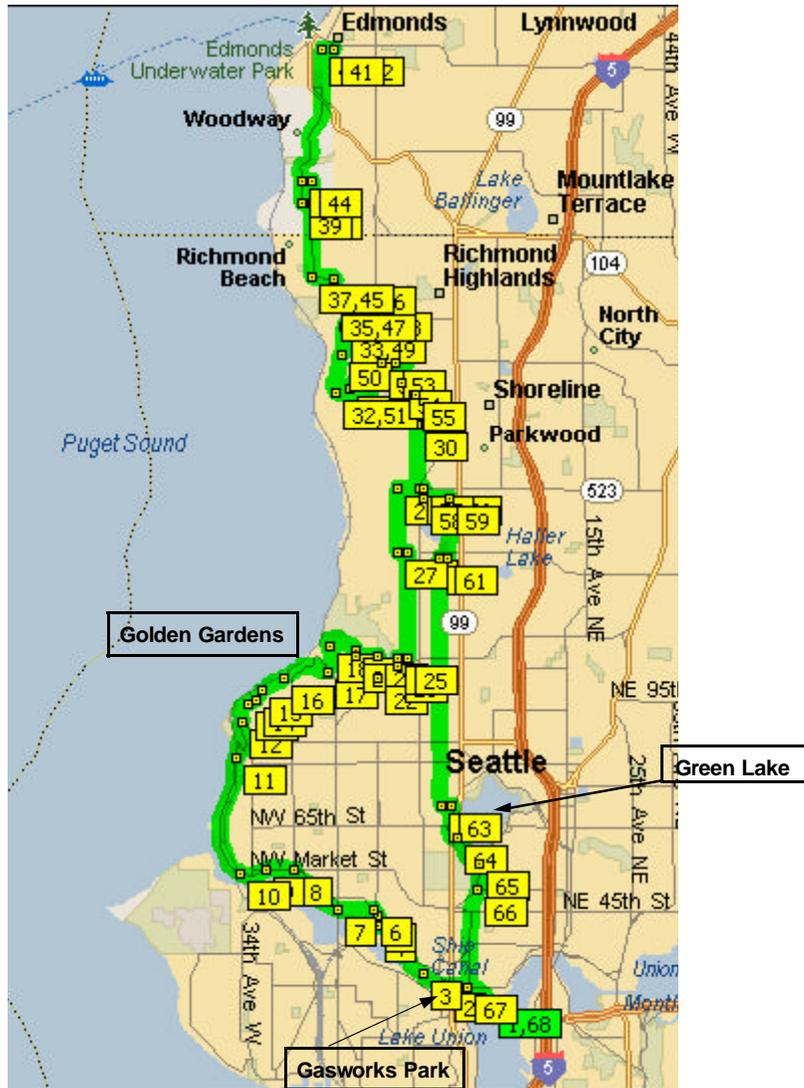


Gasworks - Blue Ridge - Edmonds

	Mile		Instruction	For
1	0.0		Exit Gasworks Park left on Burke-Gilman Trail towards Ballard .	0.6 mi
2	0.6		Cross under Fremont Bridge .	1.2 mi
4	1.8	R	At end of trail, turn on 8th Avenue NW .	0.1 mi
5	1.9	L	Leary Way NW (<i>on Leary Way stay on left on sidewalk for 1 block</i>).	0.1 mi
6	2.0	L	45th Street .	0.4 mi
7	2.4	BR	Continue as Shilshole Avenue NW (<i>at light get in center lane</i>).	0.7 mi
8	3.1	L	NW Market Street .	0.3 mi
9	3.5	L	NW 54th Street .	0.3 mi
10	3.8	R	Continue as Seaview Avenue NW (goes along beach).	1.5 mi
11	5.3		At Golden Gardens , take spiral drive to top of cliffs.	0.7 mi
12	6.0	L	View Ave NW (<i>first left</i>).	0.3 mi
13	6.3		Continues as Whitney Place NW , then NW 95th Street .	0.1 mi
14	6.4	L	31st Avenue NW .	0.2 mi
15	6.6	R	NW Esplanade Street , and left on NW Blue Ridge Drive .	1.0 mi
17	7.6	L	Valmay Avenue NW .	0.3 mi
18	7.9	L	NW Woodbine Way .	0.5 mi
19	8.4	R	12th Avenue NW , and left on NW 105th Street .	0.3 mi
21	8.7	R	8th Avenue NW .	0.3 mi
22	9.0	L	NW 100th Street .	0.3 mi
23	9.3	L	3rd Avenue NW , and right on NW 105th Street .	0.2 mi
25	9.5	L	1st Avenue NW .	1.3 mi
26	10.8	L	NW 130th Street .	0.1 mi
27	10.9	R	3rd Avenue NW .	0.7 mi
28	11.6	R	145th Street .	0.3 mi
29	11.9	L	Greenwood Avenue N .	0.8 mi
30	12.7	L	Innis Arden Wy NW (<i>Seattle Community College - steep downhill - slow</i>).	0.9 mi
31	13.6	L	NW 167th Street .	0.2 mi
32	13.8	R	15th Avenue NW (continues as 14th Avenue NW).	0.9 mi
33	14.7	R	Springdale Court NW .	0.3 mi
34	15.0	L	NW 188th Street .	0.1 mi
35	15.1	R	15th Avenue NW .	0.4 mi
36	15.5	L	NW 195th Street .	0.2 mi
37	15.7	R	20th Avenue NW (continues as Timber Lane).	0.9 mi
38	16.6	L	238th Street SW .	0.1 mi
39	16.7	R	114th Avenue (continues as Woodway Park Road).	1.9 mi
40	18.6	R	Dayton Street .	0.2 mi
41	18.8		Turnaround (at 5th Avenue N), Return back on Dayton Street .	0.2 mi
42	19.0	L	3rd Avenue S (continues as Woodway Park Road).	1.6 mi
43	20.6	L	Wachusett Rd , and right on Timber Lane (continues as 20th Ave NW).	1.2 mi
45	21.8	L	NW 195th Street .	0.3 mi
46	22.1	R	15th Avenue NW .	0.3 mi
47	22.4	L	NW 188th Street .	0.2 mi
48	22.6	R	Springdale Court NW .	0.3 mi
49	22.9	L	14th Avenue NW (continues as 15th Avenue NW).	0.8 mi
51	23.7	L	NW 167th Street (continues as 10th Avenue NW).	0.7 mi
52	24.4	R	NW 175th Street , and right on 3rd Avenue NW .	0.4 mi
54	24.8	R	Carlyle Hall Road NW .	0.2 mi
55	25.0	R	Greenwood Avenue N .	1.1 mi
56	26.1	L	N 145th Street (<i>Caution Heavy Traffic</i>).	0.1 mi
57	26.2	R	Phinney Avenue N , and left on N. 143rd Street .	0.4 mi
59	26.6	R	Linden Avenue N .	0.6 mi
60	27.2	R	N 128th Street , and left on Fremont Avenue N .	3.0 mi
62	30.2	L	N 70th Street , then right on Linden Avenue N .	0.5 mi
64	30.7	R	Green Lake Way N .	0.4 mi
65	31.1	R	E Green Lake Way N and continue on Stone Way N .	1.5 mi
67	32.6	L	N Northlake Way .	0.2 mi
68	32.8		Return to Gasworks Park .	



**Gasworks - Blue Ridge - Edmonds
33 Miles**

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