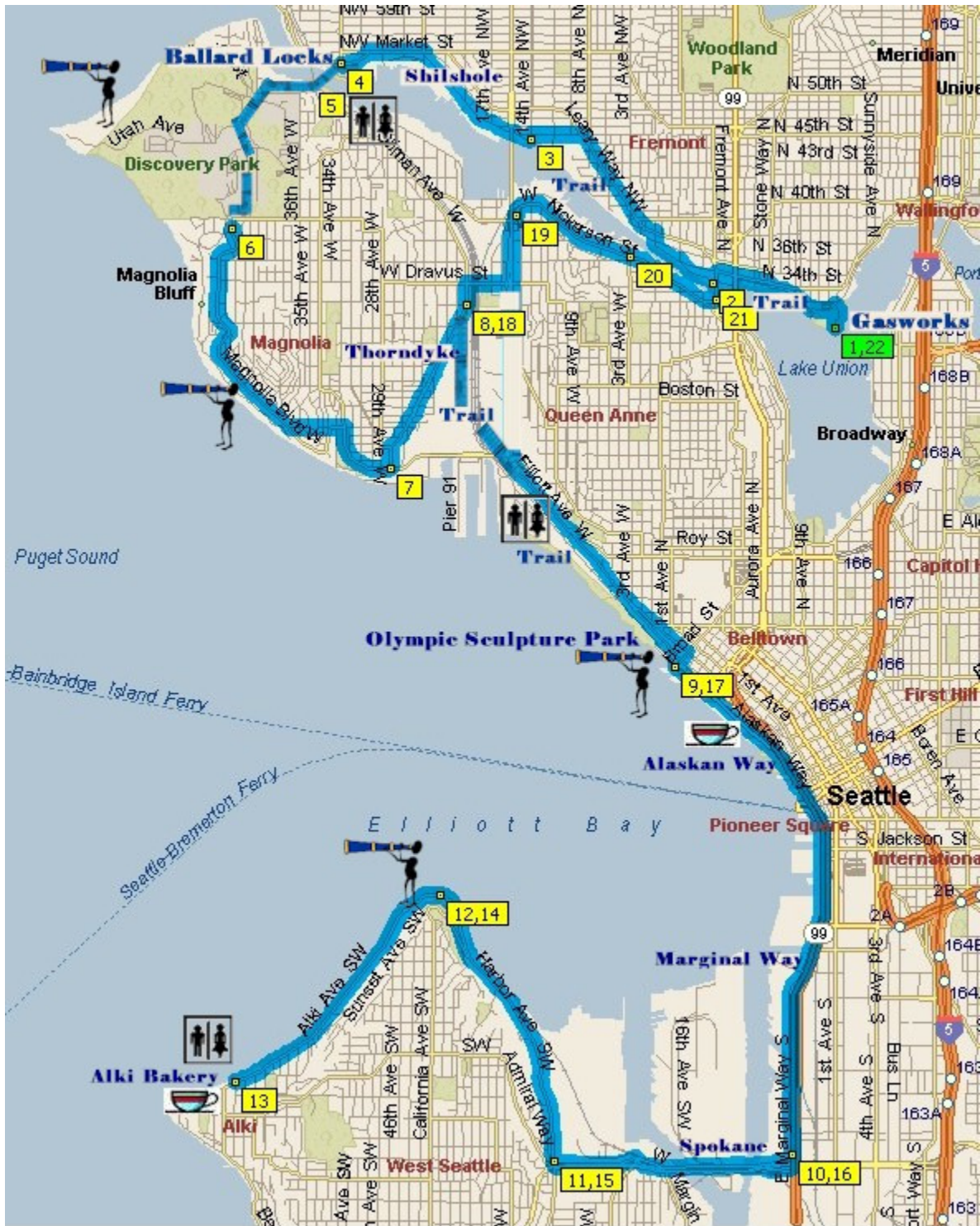


Gasworks Park - Magnolia Bluff - Alki Beach

35 miles

Mile	Instruction	For
1 0.0	Depart <i>Gasworks Park</i> going west on the Burke-Gilman Trail .	0.8 mi
2 0.8	Cross under <i>Fremont Bridge</i> and continue west on Burke-Gilman Trail .	1.3 mi
3 2.1	L At end of trail turn left onto 45th Street and continue in bike lane.	0.4 mi
2.5	R Shilshole Avenue NW (<i>ride single file in bike lane</i>).	0.8 mi
3.3	L At light get into left turn lane and turn onto NW Market Street .	0.7 mi
4.0	L NW 54th Street and move to left turn lane.	0.2 mi
4 4.2	L <i>Hiram Chittenden Locks</i> (<i>walk bicycles</i>).	0.2 mi
5 4.4	R Exit locks going uphill on W Commodore Way .	0.4 mi
4.8	L 40th Avenue and enter <i>Discovery Park</i> . (Cultural stop - <i>Discovery Park Indian Cultural Center</i> - Restrooms & Water).	1.0 mi
6 5.8	L Exit park on W Emerson .	0.1 mi
5.9	R Magnolia Blvd W .	1.8 mi
7.7	R W Howe Street (cross bridge).	0.1 mi
7.8	R Return to Magnolia Blvd W .	0.3 mi
8.1	Road continues as W Galer Street .	0.1 mi
7 8.2	L Thorndyke Avenue W .	1.0 mi
8 9.2	R 21st Avenue W to Downtown Seattle Bike Trail .	1.4 mi
10.6	Continue on trail through <i>Elliott Bay Park</i> .	1.3 mi
9 11.9	Exit park going south on Alaskan Way . (<i>Ride single file in bike lane or use bike trail on other side of street.</i>)	2.3 mi
14.2	Road continues as E Marginal Way S .	1.0 mi
10 15.2	R Enter bike trail along Spokane Street going west.	1.5 mi
11 16.7	R Stay on bike trail along Harbor Avenue SW .	1.8 mi
12 18.5	Bike trail bends and continues along Alki Avenue SW .	1.7 mi
13 20.2	<i>Alki Bakery</i> - Mid way break stop - Restrooms on beach.	
20.2	Return on bike trail along Alki Avenue SW as you came.	1.7 mi
14 21.9	Bike trail bends and continues along Harbor Avenue SW .	1.8 mi
15 23.7	L Continue on bike trail along Spokane Street .	1.5 mi
16 25.2	L E Marginal Way S . <i>Ride in bike trail on left side of street until trail switches to right side of street.</i>	1.0 mi
26.2	Continue as Alaskan Way and pick up bike trail under viaduct.	2.3 mi
17 28.5	Cross to other side of street, pick up trail through <i>Myrtle Edwards Park</i> .	1.3 mi
29.8	Exit park and continue on bike trail going north.	1.5 mi
18 31.3	Exit trail on 20th Ave W going north.	0.1 mi
31.4	R W Dravus Street - after crossing 15th Avenue get in left hand turn lane.	0.3 mi
31.7	L 15th Avenue W - <i>ride single file in bike lane</i> .	0.4 mi
19 32.1	R On ramp to W Nickerson Street .	0.8 mi
20 32.9	L 3rd Avenue W and pick up bike trail along ship canal.	0.6 mi
21 33.5	Exit trail and go left across <i>Fremont Bridge</i> .	0.2 mi
33.7	L 34th Street (<i>cross with bike light and right single file in bike lane</i>).	0.3 mi
34.0	At Stone Way cross at light and pick up Burke-Gilman Trail .	0.5 mi
22 34.5	Return to <i>Gasworks Park</i> .	



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35 miles**