

# Gasworks - Magnolia Bluff - Alki Beach - Capital Hill

## 36 miles

Mile	Instruction	For
1 0.0	Depart <i>Gasworks Park</i> going west on the <b>Burke-Gilman Trail</b> .	0.8 mi
2 0.8	Cross under <i>Fremont Bridge</i> and continue west on <b>Burke-Gilman Trail</b> .	1.3 mi
3 2.1	<b>L</b> At end of trail turn left onto <b>45th Street</b> and continue in bike lane.	0.4 mi
2.5	<b>R</b> <b>Shilshole Avenue NW</b> ( <i>ride single file in bike lane</i> ).	0.8 mi
3.3	<b>L</b> At light get into left turn lane and turn onto <b>NW Market Street</b> .	0.7 mi
4.0	<b>L</b> <b>NW 54th Street</b> and move to left turn lane.	0.2 mi
4 4.2	<b>L</b> <i>Hiram Chittenden Locks</i> ( <i>walk bicycles</i> ).	0.2 mi
5 4.4	<b>R</b> Exit locks going uphill on <b>W Commodore Way</b> .	0.4 mi
4.8	<b>L</b> <b>40th Avenue</b> and enter <i>Discovery Park</i> . (Cultural stop - <i>Discovery Park Indian Cultural Center</i> - Restrooms & Water).	1.0 mi
6 5.8	<b>L</b> Exit park on <b>W Emerson</b> .	0.1 mi
5.9	<b>R</b> <b>Magnolia Blvd W</b> .	1.8 mi
7.7	<b>R</b> <b>W Howe Street</b> (cross bridge).	0.1 mi
7.8	<b>R</b> Return to <b>Magnolia Blvd W</b> .	0.3 mi
8.1	Road continues as <b>W Galer Street</b> .	0.1 mi
7 8.2	<b>L</b> <b>Thorndyke Avenue W</b> .	1.0 mi
8 9.2	<b>R</b> <b>21st Avenue W</b> to <b>Downtown Seattle Bike Trail</b> .	1.4 mi
10.6	Continue on trail through <i>Elliott Bay Park</i> .	1.3 mi
9 11.9	Exit park going south on <b>Alaskan Way</b> . <i>Ride single file in bike lane or use bike trail on other side of street.</i>	2.3 mi
14.2	Road continues as <b>E Marginal Way S</b> .	1.0 mi
10 15.2	<b>R</b> Enter bike trail along <b>Spokane Street</b> going west.	1.5 mi
11 16.7	<b>R</b> Stay on bike trail along <b>Harbor Avenue SW</b> .	1.8 mi
12 18.5	Bike trail bends and continues along <b>Alki Avenue SW</b> .	1.7 mi
13 20.2	<i>Alki Bakery</i> - Mid way break stop - Restrooms on beach.	
20.2	Return on bike trail along <b>Alki Avenue SW</b> as you came.	1.7 mi
14 21.9	Bike trail bends and continues along <b>Harbor Avenue SW</b> .	1.8 mi
15 23.7	<b>L</b> Continue on bike trail along <b>Spokane Street</b> .	1.5 mi
16 25.2	<b>L</b> <b>E Marginal Way S</b> . <i>Ride in bike trail on left side of street until trail switches to right side of street.</i>	1.0 mi
26.2	Continue as <b>Alaskan Way</b> and pick up bike trail under viaduct.	2.0 mi
28.2	<b>R</b> <b>S Jackson Street</b> .	1.0 mi
17 29.2	<b>L</b> <b>14th Avenue</b> .	2.0 mi
18 31.2	<b>R</b> <b>Prospect Street</b> (at <i>Volunteer Park</i> ), then left on <b>15th Avenue</b> .	0.4 mi
31.6	<b>R</b> <b>E Galer Street</b> .	0.2 mi
19 31.8	<b>L</b> <b>E Interlaken Drive (Blvd)</b> .	1.2 mi
20 33.0	<b>L</b> <b>Delmar Drive E</b> , cross <b>SR-520</b> and turn left on <b>E. Roanoke Street</b> .	0.2 mi
33.2	<b>R</b> <b>Broadway E</b> .	0.3 mi
21 33.5	<b>L</b> <b>E Shelby Street</b> , then immediate right on <b>Harvard Ave E</b> ( <i>downhill</i> ).	0.3 mi
33.8	<b>R</b> <b>Eastlake Avenue E</b> (cross <i>University Bridge</i> ).	0.3 mi
34.1	<b>R</b> After bridge take curved ramp down to <i>University of Washington</i> dorms.	0.2 mi
34.4	<b>L</b> Pick up <b>Burke-Gilman Trail</b> going west.	1.1 mi
22 35.4	Return to <i>Gasworks Park</i> .	



**Gasworks - Magnolia Bluff - Alki Beach - Capitol Hill**  
**36 miles**