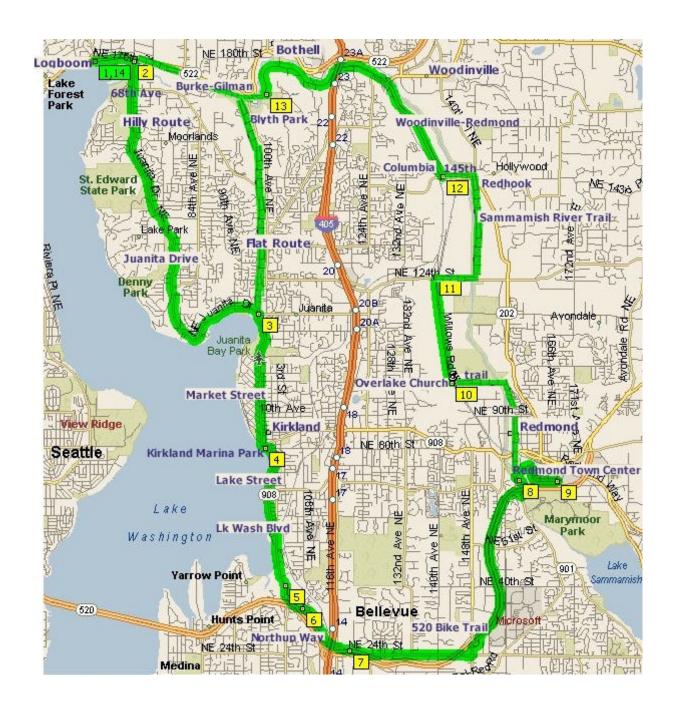
Tracey Own Park - Kirkland - Redmond 32 Miles

	Mile		Instruction	For
1 2	0.0 0.6	D	Leave <i>Tracy Owen Park</i> (<i>Logboom</i>) going east on NE 175th Street .	0.6 mi 0.4 mi
۵	U.U	R	68th Avenue NE . To avoid Juanita Hill continue on trail for 2.3 miles, turn at Wayne G	U.4 IIII
			Golf Course parking to 96th Avenue (to Waynita Way and 100th Ave).	
	1.0	BC	Road continues as Juanita Drive (cycle uphill).	5.2 mi
3	6.2	R	98th Avenue NE.	0.7 mi
·	0.2	BR		011111
	6.9	BC	Exiting park, go uphill on Market Street .	1.4 mi
4	8.3		Kirkland Marina Park - Rest Stop - Restrooms near pavilion.	0.1 mi
4	8.4	L	Exit park after restrooms on Kirkland Avenue .	0.1 mi
	8.5	R	Lake Street (SR-908).	0.7 mi
	9.2	BC	Lake Washington Blvd NE (SR-908) - cycle past Carillon Point.	1.3 mi
5	10.5	L	NE 38th Place (by Keg Restaurant).	0.3 mi
	10.8	R	108th Avenue NE (at Park n Ride).	0.2 mi
	11.0	L	Northup Way (go under I-405 and past NE 116th Street).	1.0 mi
7	12.0	L	NE 24th Street (just before Northup Way goes under SR-520).	0.2 mi
	12.2	R	520 Bike Trail (near top of hill - parallels SR-520).	4.5 mi
			Trail crosses over 148th Avenue NE .	
8	16.7	_	Cross W Lake Sammamish Pkwy and continue on Leary Way.	0.1 mi
	16.8	Ţ	Intersect with Sammamish River Trail , cross bridge, immediate left.	0.1 mi
	16.9	L	Turn back under bridge to Redmond Town Center .	0.2 mi
•	17.1		Take Bear Creek Pkwy around center.	0.6 mi
9	17.7		Rest stop at <i>Larry's Market</i> .	0.8 mi
	18.5	т	Return to Sammamish River Trail and head towards <i>Bothell</i> .	1.5 mi
10	20.0	L	Foot bridge across river to trail past <i>Overlake Church</i> .	0.8 mi
	20.8 22.4	R R	Willows Road NE (towards Bothell). NE 194th Street (notions to Somewhards Bivor Trail)	1.6 mi 0.7 mi
11	23.1	ĸ	NE 124th Street (return to Sammamish River Trail). Enter Sammamish River Trail and head north.	0. 7 mi 1.5 mi
	24.6	R	Exit trail at 145th Street by Redhook Brewery and head west	1.5 1111
	4. 0	K	toward Columbia Winery .	0.4 mi
19	25.0	R	Woodinville Redmond Road NE (SR-202).	0.4 mi
1~	26.6	BC	Becomes Woodinville Drive (go under I-405).	0.8 mi
	27.4	BC	Becomes Riverside Drive.	1.7 mi
13	29.1	R	Across bridge to Burke-Gilman Trail (near Blyth Park).	0.2 mi
-5	29.3	L	Burke-Gilman Trail towards Lake Forest Park.	2.5 mi
14	31.8	_	Return to Tracy Owen Park (Logboom).	-10 1111

Legend - R-Right, L-Left, BC-Becomes



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