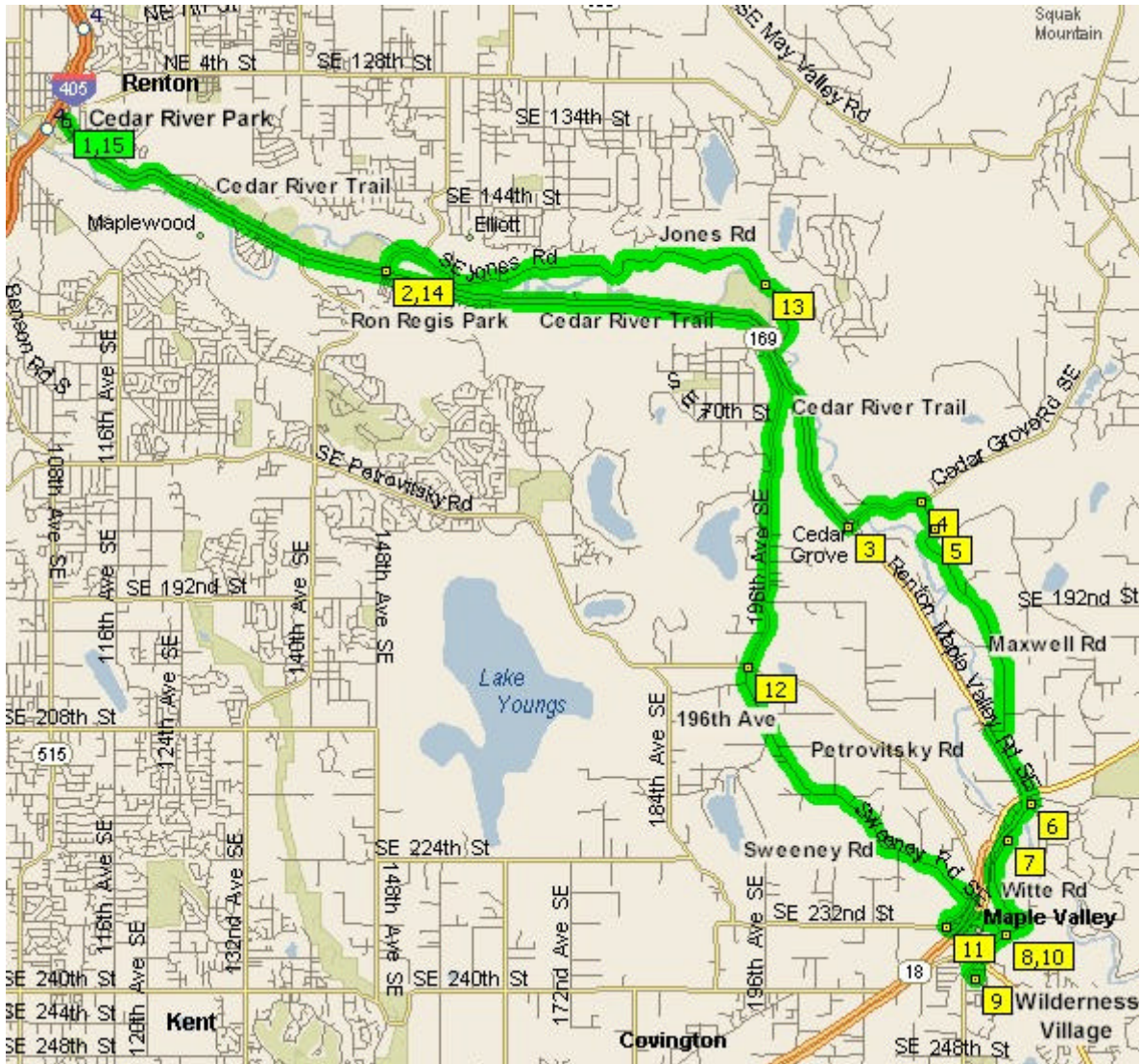


Cedar River - Maple Valley Country Loop 20/26 Miles

Mile	Instruction	For
1 0.0	Leave Cedar Park Park across bridge at rear of Carco Theater .	
	L Cedar River Trail going southeast.	3.0 mi
2 3.0	Ron Regis Park at SR 169 and 149th Avenue .	4.6 mi
	Ron Regis Park is optional start point for 20-mile loop only.	
3 7.7	L Cedar Grove Road SE .	0.6 mi
4 8.3	R SE Lake Francis Road .	0.2 mi
5 8.5	BR Maxwell Road SE (SE 208th Street) .	1.8 mi
	Jog to SE 208th Street and back to Maxwell Road SE again.	0.8 mi
6 11.1	R SE 216th Way .	0.1 mi
	L Renton Maple Valley Road SE (SR-169) . <i>Stay on shoulder.</i>	0.1 mi
7 11.3	L Witte Road SE .	1.1 mi
8 12.4	Pass SE 231st Street turn-off and continue on Witte Road SE .	0.4 mi
	Cross SR-169 .	0.1 mi
9 12.9	L Wilderness Village - mid-way rest stop.	
	Leave Village going in reverse on Witte Road back across SR-169 .	0.4 mi
10 13.3	L SE 231st Street .	0.3 mi
	Cross SR-169 to SE 232nd Street .	0.2 mi
11 13.8	R SE Petrovitsky Road .	0.3 mi
	L Sweeney Road SE (SE 216th Street) .	2.1 mi
	Continue on 196th Avenue SE (not 196th Place) .	0.6 mi
12 16.8	Cross SE Petrovitsky Road and continue.	2.5 mi
13 19.3	Cross SR-169 and continue on SE Jones Road .	3.8 mi
	BL 149th Avenue SE .	0.2 mi
14 23.3	R Cedar River Trail - Ron Regis Park - end of 20-mile loop.	3.0 mi
15 26.3	R Cross bridge to returning to Cedar River Park .	



Cedar River - Maple Valley Country Loop 20/26 Miles

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