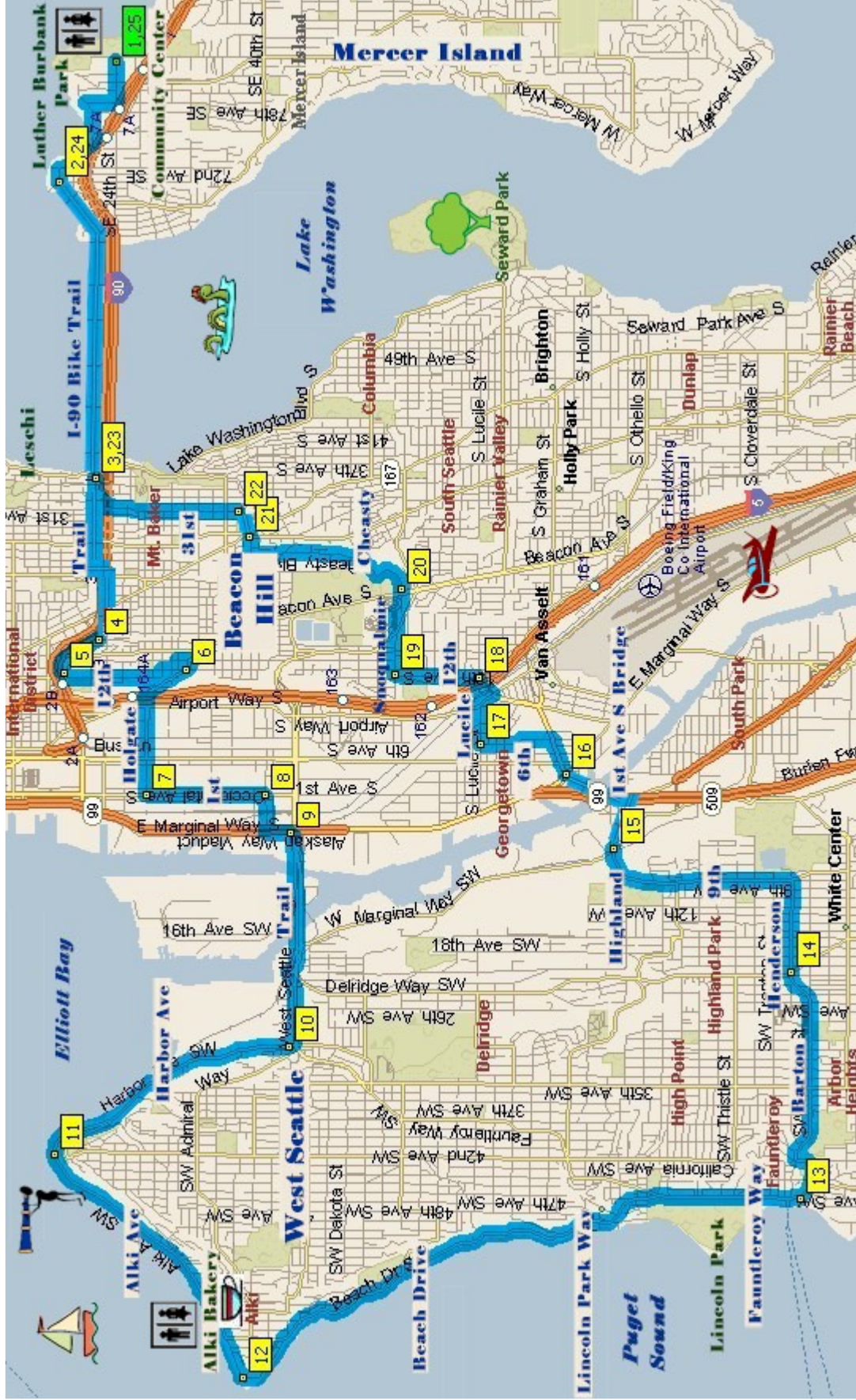


Mercer Island - West Seattle - Beacon Hill Loop

31 Miles

Mile	Instruction	For
1 0.0	R Depart <i>Mercer Island Community Center</i> on SE 24th Street.	0.3 mi
0.3	L Road bends right and continues downhill on 78th Avenue SE.	0.2 mi
0.5	L SE 22nd Place.	0.2 mi
0.7	R N Mercer Way (up short steep hill).	0.6 mi
2 1.3	R I-90 Bike Trail towards <i>Seattle</i> - over <i>I-90 Floating Bridge</i> .	2.0 mi
3 3.3	Continue on trail through <i>I-90 Bike Tunnel</i> .	0.6 mi
3.9	LR At 23rd Ave cross street and pick up trail on south side of I-90 going west.	0.6 mi
4 4.5	Trail continues along south side of I-90 parallel to Sturgus Avenue S.	0.3 mi
5 4.8	Cross Golf Drive and continue <i>uphill</i> on 12th Avenue S.	0.7 mi
6 5.5	R After bend in road turn right on 13th Avenue S.	0.2 mi
5.7	R Beacon Avenue S - <i>steep downhill over I-5</i> .	0.4 mi
6.1	L At bottom cross RR tracks and continue straight on S Holgate Street.	0.6 mi
7 6.7	L 1st Avenue S - ride single file in bike lane.	0.8 mi
8 7.5	R S Horton Street (at E Marginal Way cross street to sidewalk bike trail).	0.3 mi
9 7.8	L Follow Bike Trail Markers to <i>West Seattle</i> .	1.8 mi
10 9.6	R Stay on bike trail along Harbor Avenue SW.	1.8 mi
11 11.4	Trail continues along Alki Avenue SW.	1.6 mi
13.0	Alki Bakery - Rest Stop - Restrooms on Beach.	
12 13.3	L At point, go left and continue on Beach Drive.	2.9 mi
16.2	BL Continue uphill on Lincoln Park Way (47th Avenue).	0.4 mi
16.6	R Fauntleroy Way SW (continue past ferry dock).	1.0 mi
13 17.6	L Go <i>uphill</i> on SW Wildwood Place, SW Brace Point and California Ave.	0.3 mi
17.9	BR SW Barton Street and continue uphill.	1.1 mi
14 19.0	BL SW Barton Place (continues as SW Henderson Street).	0.8 mi
19.8	L 9th Avenue SW (continues downhill as Highland Park Way).	1.3 mi
	<i>Caution steep downhill - bike single file and control speed.</i>	
15 21.1	Cross Marginal Way to Duwamish Trail to 1st Ave South Bridge Trail.	0.9 mi
16 22.0	R Continue along S Michigan Street (<i>heavy traffic - bike single file</i>).	0.3 mi
22.3	L 6th Avenue S.	0.5 mi
17 22.8	R S Lucile Street, then bear right on Airport Way S.	0.4 mi
23.2	L <i>Uphill</i> on S Lucile Street under I-5.	0.2 mi
18 23.4	L Continue uphill on 12th Avenue S (Corson Avenue).	0.6 mi
19 24.0	R Continue uphill on S Snoqualmie Street (Alaska Street).	0.6 mi
20 24.6	Cross Beacon Avenue S, continue on Cheasty Blvd S (downhill).	1.2 mi
21 25.8	Continues as S Winthrop - <i>use bike bridge</i> and cross Rainier Avenue S.	0.2 mi
26.0	Continue on S Mt. Baker Blvd.	0.2 mi
22 26.2	L 31st Avenue (<i>gradual uphill</i>).	1.0 mi
27.2	R Irving Street (<i>steep downhill</i>).	0.1 mi
23 27.3	R I-90 Bike Trail towards <i>Mercer Island</i> - over Floating Bridge.	2.0 mi
24 29.3	Cross Mercer Way, continue on Bike Trail, stay right at baseball field.	0.5 mi
29.8	R Cross 76th Avenue and go right picking up trail along N. Mercer Way.	0.3 mi
30.1	L Exit trail before <i>Park & Ride</i> to SE 24th Street and continue.	0.3 mi
25 30.4	L Return to <i>Mercer Island Community Center</i> .	



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