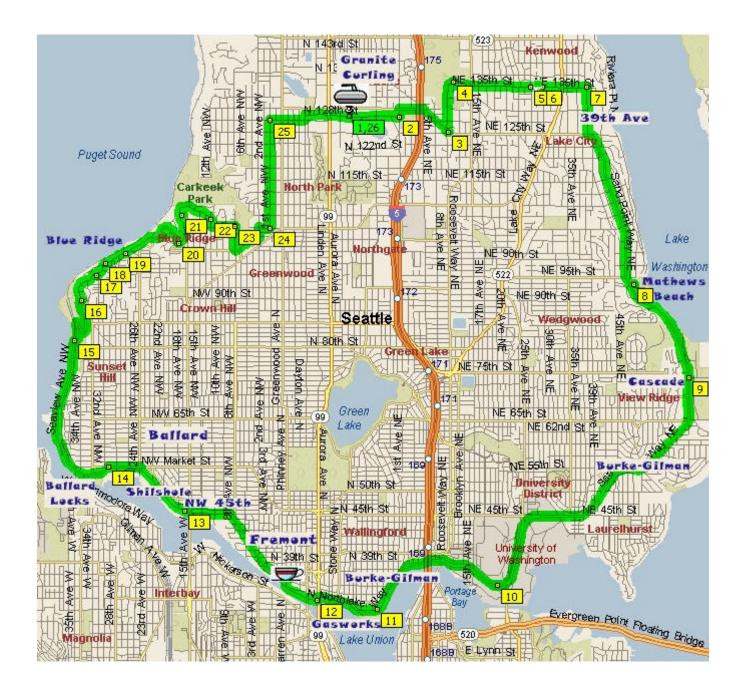
North Seattle - UW - Fremont - Ballard - Blue Ridge 24 Miles

	Mile		Instruction	For
1	0.0	L	Depart <i>Granite Curling Club</i> going east on N 128th Street.	0.5 mi
2	0.5	L	1st Avenue NE, then immediately right on NE 130th Street.	0.3 mi
	0.8		Cross I-5, road becomes Roosevelt Way NE.	0.3 mi
3	1.1	L	10th Avenue NE (right on 11th just before entering <i>Jackson Park</i>).	0.6 mi
4	1.7	L	NE 135th Street.	0.9 mi
5	2.6		At dead-end continue on path through to 30th Avenue .	0.1 mi
6	2.7		Cross 30th Avenue continuing straight across SR-522 .	0.5 mi
7	3.2	R	39th Avenue NE.	0.5 mi
	3.7	L	At NE 125th Street to Sand Point Way NE.	1.7 mi
8	5.4	L	Mathews Beach Park and pick up Burke-Gilman Trail going south.	1.3 mi
9	6.7		Passing Magnuson Park - Home of the Cascade Bicycle Club.	3.6 mi
10	10.3		University of Washington.	1.6 mi
11	11.9		Gasworks Park.	0.4 mi
	12.3		At Stone Way N , exit trail and continue west on N 34th Street .	0.3 mi
12	12.6		Fremont - Rest Stop.	
12	12.6		From <i>Fremont</i> catch the Burke-Gilman Trail going west to <i>Ballard</i> .	1.3 mi
	13.9	L	NW 45th Street, end of Burke-Gilman Trail past Fred Meyer Store.	0.5 mi
13	14.4	R	Shilshole Ave NW.	0.6 mi
	15.0	L	NW Market Street.	0.4 mi
14	15.4	BL	Road continues as NW 54th Street , past the Ballard Locks .	0.3 mi
	15.7		Road crosses RR tracks and continues as Seaview Avenue NW .	1.5 mi
15	17.2	R	Cross under RR tracks to Seaview Place - Golden Gardens Drive .	0.7 mi
16	17.9	L	View Avenue NW (first left turn at top of hill).	0.3 mi
	18.2		Continues as Whitney Place , then NŴ 95th Street .	0.1 mi
17	18.3	L	31st Avenue NW.	0.2 mi
18	18.5	R	NW Esplanade Street.	0.3 mi
19	18.8	L	Triton Drive NW (continues as NW Blue Ridge Drive after stop sign).	0.7 mi
20	19.5	L	Valmay Avenue NW.	0.3 mi
21	19.8	L	NW Woodbine Way.	0.5 mi
22	20.3	R	12th Ave NW, then immediate left onto NW 105th Street.	0.3 mi
23	20.6	R	8th Avenue NW.	0.3 mi
	20.9	L	NW 100th Street.	0.3 mi
	21.2	L	3rd Avenue NW.	0.1 mi
	21.3	R	NW 105th Street.	0.1 mi
24	21.4	L	1st Avenue NW.	1.1 mi
25	22.5	R	N 127th Street.	0.4 mi
	22.9	L	Fremont Ave N, then immediate right to N 128th St. (Cross Hwy-99).	0.5 mi
26	23.4		Return to Granite Curling Club.	

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