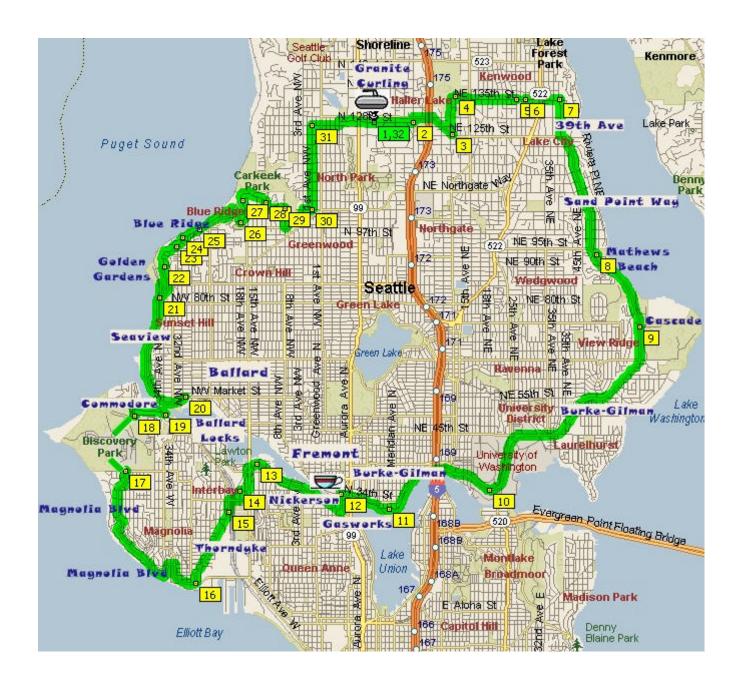
North Seattle - UW - Magnolia - Ballard 29 Miles

	Mile		Instruction	For
1	0.0	L	Depart <i>Granite Curling Club</i> going east on N 128th Street.	0.5 mi
2	0.5	L	1st Avenue NE , then immediately right on NE 130th Street .	0.3 mi
	0.8		Cross I-5, road becomes Roosevelt Way NE.	0.3 mi
3	1.1	L	10th Avenue NE (right on 11th just before entering <i>Jackson Park</i>).	0.6 mi
4	1.7	L	NE 135th Street.	0.9 mi
5	2.6		At dead-end continue on path through to 30th Avenue .	0.1 mi
6	2.7		Cross 30th Avenue continuing straight across SR-522 .	0.5 mi
7	3.2	R	39th Avenue NE.	0.5 mi
	3.7	L	At NE 125th Street to Sand Point Way NE.	1.7 mi
8	5.4	L	Mathews Beach Park and pick up Burke-Gilman Trail going south.	1.3 mi
9	6.7		Passing Magnuson Park - Home of the Cascade Bicycle Club.	3.6 mi
10	10.3		University of Washington.	1.6 mi
11	11.9		Gasworks Park.	0.4 mi
	12.3		At Stone Way N , exit trail and continue west on N 34th Street .	0.3 mi
12	12.6		Fremont - Rest Stop.	
12	12.6	R	Cross <i>Fremont Bridge</i> to Nickerson and go west on Canal Bike Trail .	1.7 mi
13	14.3		After rejoining Nickerson follow signs to Downtown Seattle on 15th Ave .	0.5 mi
14	14.8	R	Bertona Street, left on 17th Ave and right on Dravus Street.	0.4 mi
15	15.2	L	20th Avenue and continue uphill on Thorndyke Avenue.	1.3 mi
16	16.5	R	Galer Street which continues as Magnolia Blvd to Discovery Park.	2.5 mi
17	19.0		Pick up bike trail going through Discovery Park to north side.	1.1 mi
18	20.1		Exit park on 40th Avenue and turn right downhill on Commodore Way .	0.6 mi
19	20.7	L	Enter Commodore Park and take trail across the Ballard Locks .	0.3 mi
20	21.0	L	Exit locks and go west on NW 54th Street .	0.3 mi
	21.3		Road crosses RR tracks and continues as Seaview Avenue NW .	1.5 mi
21	22.8	R	Cross under RR tracks to Seaview Place - Golden Gardens Drive .	0.7 mi
22	23.5	L	View Avenue NW (first left turn at top of hill).	0.3 mi
	23.8		Continues as Whitney Place, then NW 95th Street.	0.1 mi
23	23.9	L	31st Avenue NW.	0.2 mi
24	24.1	R	NW Esplanade Street.	0.3 mi
25	24.4	L	Triton Drive NW (continues as NW Blue Ridge Drive after stop sign).	0.7 mi
26	25.1	L	Valmay Avenue NW.	0.3 mi
27	25.4	L	NW Woodbine Way.	0.5 mi
28	25.9	R	12th Ave NW , then immediate left onto NW 105th Street .	0.3 mi
29	26.2	R	8th Avenue NW.	0.3 mi
	26.5	L	NW 100th Street.	0.3 mi
	26.8	L	3rd Avenue NW.	0.1 mi
	26.9	R	NW 105th Street.	0.1 mi
30	27.0	L	1st Avenue NW.	1.1 mi
31	28.1	R	N 127th Street.	0.4 mi
	28.5	L	Fremont Ave N , then immediate right to N 128th St . (Cross Hwy-99).	0.5 mi
32	29.0		Return to <i>Granite Curling Club</i> .	



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