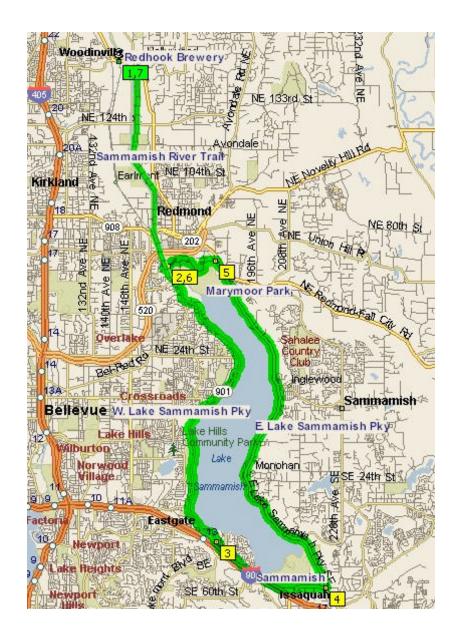
Redhook Brewery - Lake Sammamish Loop Counterclockwise - 33 Miles

	Mile		Instruction	For
1	0.0	L	Depart Redhook Brewery staying on bike trail.	0.3 mi
			Cross bridge over Sammamish River and go left down to trail.	
	0.3	L	Sammamish River Trial towards Redmond.	5.1 mi
2	5.4	R	At <i>Marymoor Park</i> exit trail on Marymoor Way.	0.1 mi
	5.5	L	W Lake Sammamish Parkway NE (SR-901).	0.9 mi
			Stay single file in bike lane - caution traffic.	
	6.4	\mathbf{BL}	At junction with Bellevue Redmond Road ,	7.4 mi
			staying on W Lake Sammamish Parkway.	
3	13.8		At roundabout, take second exit to W Lake Sammamish Parkway SE.	1.6 mi
	15.4		At southern end of lake road continues as NW Sammamish Road .	0.8 mi
	16.2	L	At 17th Avenue NW, staying on NW Sammamish Road (SE 56th).	0.7 mi
			Lake Sammamish State Park - Possible Rest stop - Restrooms.	
4	16.9	L	E Lake Sammamish Parkway.	9.2 mi
5	26.1	L	NE 65th Street and return to <i>Marymoor Park</i> .	0.2 mi
	26.3		Continue through <i>Marymoor Park</i> on Marymoor Way.	1.2 mi
6	27.5	R	Sammamish River Trail towards Woodinville.	5.1 mi
	32.6	R	Exit trail and go up to bridge over Sammamish River :	0.3 mi
			After bridge stay on bike trail to brewery.	
7	32.9	R	Return to Redhook Brewery .	
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